



4th
SRRR | Stroke Recovery and
Rehabilitation Roundtable

Aberdeen, Scotland
November 23-24, 2025

ISRRA | International Stroke Recovery
and Rehabilitation Alliance

Your Key Contacts



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Emerging Leaders Supporting Breakout Sessions

Representatives from the ISRRR Emerging Leaders group will be onsite to help facilitate the breakout sessions and provide general support throughout the roundtable. **Niki** and **Melanie** will rotate between the **Somatosensory Interventions and Molecular Biomarkers** groups. **Lisa** will join the **High Dose, High Intensity Training at Home** group. **JP** will join the **Co-Design** group.



Dr. Juan Pablo (JP) Saa – JP coordinates the Research Honours Program at La Trobe University (Melbourne) and lectures on research methods across health disciplines. His research expertise is on intervention and prediction models of cognition after stroke, and enhancement of stroke inpatient rehabilitation environments.



Dr. Niki Chouliara – Niki is a Lecturer in Rehabilitation Psychology and stroke rehabilitation and health services researcher. Her expertise lies on the implementation of intensive, high-quality stroke rehabilitation in community settings. She currently leads a Stroke Association funded project on digital technologies and home-based rehabilitation.



Dr. Melanie Fleming – Melanie is an Associate Professor in the Nuffield Department of Clinical Neurosciences, researching sleep and motor recovery. She is also the academic lead for Patient Involvement and Public Engagement, supporting both preclinical and clinical researchers to involve public partners in research.



Dr. Lisa Tedesco-Triccas – Lisa is currently a Senior Research Fellow at Queen Square, UCL. Over the past 12 years, she has gained experience conducting randomized controlled trials investigating the effects of high-dose, high-intensity upper limb rehabilitation using EEG and TMS, in both the acute and chronic stages of stroke.

SRRR4 Meeting Program

Dates: Sunday November 23rd and Monday November 24th, 2025

Venue: P&J Live

Address: E Burn Rd, Aberdeen AB21 9FX, United Kingdom

Day 1 – Sunday, November 23				
Time	Session	Details	Lead	Location
8.30–9.30am	Breakfast (60 min)			Location to-be-announced (TBA) by coordination team
9.30am–12.45pm	Early taskforce breakouts	Space is available if any breakout groups wish to start early	Roundtable Chairs	Breakout rooms (meeting rooms 1–4) <ul style="list-style-type: none"> ◦ Co-design – Room 1 ◦ Somatosensory – Room 2 ◦ Biomarkers – Room 3 ◦ Home Training – Room 4
12.45pm–1.30pm	Lunch (45 min)			TBA
1.30pm–2.00pm	Registration (30 min)			Main Space (meeting room 4)
2.00pm–2.40pm	Welcome & Meeting Purpose	<ul style="list-style-type: none"> ◦ Introduction and objectives (Sean) ◦ History of the Roundtable (Kate) ◦ Remarks from each Chair (Chairs) ◦ Mission and expected outcomes (Sean) 	Sean Dukelow & Kate Hayward	Main Space (meeting room 4)
2.40pm–3.00pm:	Coffee/Tea Break (20 min)			TBA
3.00pm–4.45pm	Taskforce Breakout 1	Breakout by Roundtable team (taskforces to plan own sub-agendas)	Roundtable Chairs	Breakout rooms: <ul style="list-style-type: none"> ◦ Co-design – Room 1 ◦ Somatosensory – Room 2 ◦ Biomarkers – Room 3 ◦ Home Training – Room 4
6.00pm–9.00pm	Dinner	Informal networking dinner	All participants who registered for dinner	The Craighaar Hotel & Restaurant Waterton Rd, Bucksburn, Aberdeen AB21 9HS, United Kingdom

Day 2 – Monday, November 24				
Time	Session	Details	Lead	Location
7.45am-8.30am	Board Meeting	Board members only	N/A	TBA
8.00am-8.50am	Breakfast – Everyone (50 min)			TBA
8.50am-9.00am	GROUP PHOTO – EVERYONE (10 min)			Main Space (meeting room 4)
9.00–10.45am	Taskforce Breakout 2	Breakout by Roundtable team	Roundtable Chairs	Breakout rooms: <ul style="list-style-type: none"> ◦ Co-design – Room 1 ◦ Somatosensory – Room 2 ◦ Biomarkers – Room 3 ◦ Home Training – Room 4
10.45am-11.15am	Coffee/Tea Break (30 min)			
11.15am–12.45pm	Consensus Presentations	<ul style="list-style-type: none"> ◦ Presentation of draft recommendations (chairs- 8 minutes each) ◦ Q&A and feedback (15 minutes each) 	Kate Hayward	Main Space (meeting room 4)
12.45pm–1.15pm	Lunch	Shared lunch with time for informal discussion	All participants	TBA
1.15–3.00pm	Taskforce Breakout 3	Breakout by Roundtable team post group session	Taskforce leads	Breakout rooms: <ul style="list-style-type: none"> ◦ Co-design – Room 1 ◦ Somatosensory – Room 2 ◦ Biomarkers – Room 3 ◦ Home Training – Room 4
3.00–3.30pm	Coffee/Tea Break (30 min)			
3.30pm–4.00pm	Wrap-Up & Next Steps	Where to from here: <ul style="list-style-type: none"> ◦ Expectations until submission ◦ Reminder of writing responsibilities ◦ Non-disclosure notice ◦ Timeline for consensus document submission ◦ Conference presentations ◦ Acknowledgements ◦ Q&A 	Sean Dukelow and Kate Hayward	Main Space (meeting room 4)