**Série de vidéos pour l’autogestion de l’AVC**

**Habiletés concrètes de communication post-AVC**

*Une fois que vous aurez regardé la vidéo sur les habiletés concrètes de communication après un AVC, veuillez consulter ces sites web et documents de référence utiles.*

**Ressources pour le Client & l’Entourage**

* Réseau aphasie Québec <https://aphasiequebec.org/>
* Association Québécoise des orthophonistes et audiologistes <https://aqoa.qc.ca/aphasie/>
* Info AVC <https://www.strokengine.ca/fr/>

Ressources disponibles en anglais uniquement :

* Speech-Language & Audiology Canada – [www.sac-oac.ca](http://www.sac-oac.ca/)
* The Aphasia Institute – [www.aphasia.ca](http://www.aphasia.ca/)
* Tactus Therapy resources – [www.tactustherapy.com/learn](http://www.tactustherapy.com/learn)
* Aphasia Recovery Connection – [www.AphasiaRecoveryConnection.net](http://www.aphasiarecoveryconnection.net/)
* Search for your provincial Speech Pathology/Audiology College

**Practice Resources**

* ESL Lab: Auditory comprehension of conversation with questions [www.esl-lab.com](http://www.esl-lab.com/)
* New York Times: What’s Going On in This Picture – describing (talking or writing) and reading [www.nytimes.com/column/learning-whats-going-on-in-this-picture](http://www.nytimes.com/column/learning-whats-going-on-in-this-picture)
* News in Levels: Reading with simplified language with varying lengths [www.newsinlevels.com](http://www.newsinlevels.com/)
* Student News Daily: Longer reading with questions; can use answers for writing [www.studentnewsdaily.com](http://www.studentnewsdaily.com/)
* TEDEd: Listen and answer comprehension questions based on a short lecture; various topics [www.ted.ed.com](http://www.ted.ed.com/)

Practical Post-Stroke Tutorials**Aphasia Series: Communication**

* Housed on Youtube currently in a playlist called “Post Stroke Tutorials” (<https://www.youtube.com/playlist?list=PLlLH6D8gy0OzvkefSJsooYWgTppWZOt7K>)
* Aphasia Series (Communication): Introduction - Communicating with someone with Aphasia: <https://youtu.be/VQYd2spaFkI>
* Aphasia Series (Communication): Tutorial 1 - Using key words to aid communication: <https://youtu.be/dbapXegUFNk>
* Aphasia Series (Communication): Tutorial 2 - How to use a wallet as a communication aid: <https://youtu.be/EIVdaMTRHzA>
* Aphasia Series (Communication): Tutorial 3 - Creating a communication binder and life story book: <https://youtu.be/py4yo96B7R8>

The Stroke Self-Management video series was produced as a collaboration among the following partners:





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