

Stroke self-management video series

Managing Memory Impairments after Stroke

Once you have watched the video on Managing Memory Impairments after Stroke, please check out these useful websites and resource documents.

Client & Caregiver Resources

- ▶ Depression, Energy, Thinking and Perception
<https://www.heartandstroke.ca/stroke/recovery-and-support/emotions>

- ▶ Saebo Resource Library
<https://www.saebo.com/blog/thinking-memory-stroke/>

- ▶ <http://www.strokensw.org.au/wp-content/uploads/2015/04/Memory-Strategies-After-Stroke.pdf>

- ▶ <https://www.strokebestpractices.ca/>

- ▶ Your Stroke Journey: A Guide for People Living with Stroke
<https://www.heartandstroke.ca/-/media/pdf-files/canada/your-stroke-journey/en-your-stroke-journey-v20.ashx>

- ▶ Stroke Engine
<http://strokengine.ca/>
- ▶ Stroke Recovery and Support
<https://www.heartandstroke.ca/stroke/recovery-and-support>

Academic Resources

- ▶ Gillen, G. (2009). Cognitive and Perceptual Rehabilitation: Optimizing Function. Mosby Elsevir
- ▶ Sohlberg, M. & Mateer, C. (2001). Cognitive Rehabilitation: An integrative neuropsychological approach. The Guilford Press: New York.
- ▶ Teasell, R., Hussein, N., Saikaley, M., Longval, M., Iruthayarajah, J. (2020). Rehabilitation of Cognitive Impairment Post Stroke. Stroke Rehabilitation Clinician Handbook.
- ▶ Keeley, S. (2003). The Source for Executive Function Disorders. LinguSystems, Inc.
- ▶ Powell, T. & Malia, K. (2010). The Brain Injury Workbook: Exercises for Cognitive Rehabilitation. Speechmark Publishing Ltd.

The Stroke Self-Management video series was produced as a collaboration among the following partners:



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